Caveolin-1 (Cav-1) is a principal scaffolding protein of caveolae which are specialized flask-shaped invaginations of cell membranes rich in proteins. Cav-1 involves in the pathogenesis of several cancer types and assume functions in the management and organization of signaling molecules associated with cell survival, proliferation, angiogenesis, and metastasis.1-4 As a well-known fact, tumor-associated stroma assumes an important role in the development of several cancer types.3-8 Previously, loss or gain of Cav-1 expression in peritumoral stroma of several tumors was associated with poor outcome.3-7 However, Cav-1 acts as either a tumor suppressor gene or an oncogene. By interacting with the signaling molecules, it may function as a moderately effective oncoprotein or a tumor suppressor protein. Therefore, the role of Cav-1 in many tumors still remains as a very controversial issue. Current and future researches related to peritumoral-stromal expression of Cav-1 will most likely lead to the emergence of a new

**Comparison of the Immunohistochemical Expression of Caveolin-1 in Endometrial Carcinoma, Endometrial Intraepithelial Neoplasia, Endometrial Hyperplasia, and Normal Endometrium**

**ABSTRACT**

Objectives: This retrospective study was designed to evaluate the importance of tissue expressions of caveolin-1 (Cav-1) known as signal regulator in differential diagnosis of endometrial lesions. Material and Methods: A total of 65 patients with normal endometrium (11 proliferative and 10 secretory epithelium, 32.3%), endometrial hyperplasia without atypia (EH) (n=11, 16.9%); atypical endometrial hyperplasia/endometrioid intraepithelial neoplasia (AEH/EIN) (n=11, 16.9%) and endometrial carcinoma (EC) (n=22; 33.8%) were recruited for the study. Sections prepared from biopsy materials or hysterectomy specimens of the patients were immunohistochemically processed, stained, and examined for the presence of caveolin-1 expression. The positive association between immunohistochemical staining of caveolin-1 and its relationship with characteristic features of lesions and age of the patients were investigated. Results: The mean age of the patients was 49.1±8.5 years. Stromal fibroblasts were positively stained for Cav-1 in 26 (40%) cases, and stromal expressions of Cav-1. Stromal Cav-1 expressions were detected in indicated cases with EH (36.4%), EIM (27.3%), and EC (68.2%), while only in 19% of normal endometrial biopsy specimens. It was determined that if the tumor becomes more invasive, then its stromal Cav-1 expression reaches to statistically significantly higher levels (p=0.001). Conclusion: Our findings demonstrated that stromal Cav-1 expression could be used as a marker for malignancy and invasiveness of endometrial neoplasms.

**Keywords**: Caveolin-1 (Cav-1); proliferative endometrium (PE); secretory endometrium (SE); endometrial hyperplasia without atypia (EH); atypical endometrial hyperplasia/endometrioid intraepithelial neoplasia (AEH/EIN); type I and type II endometrial cancer (EC)
diagnostic, and prognostic molecular marker which will contribute to the treatment of different malignancies.\textsuperscript{8,9}

Endometrial cancer is (EC) the most frequently seen gynecologic malignancy and nearly 40,000 new cases are diagnosed each year. Approximately 90\% of endometrial cancer cases are sporadic and the remaining 10\% are hereditary. It is mostly seen during postmenopausal period.\textsuperscript{10} According to their clinicopathological and molecular-genetic characteristics, endometrial carcinomas are divided into 2 main categories as type 1 and type 2. Type 1 carcinomas are associated with unmet estrogenic stimulation as in cases with obesity and exogenous estrogen use. The prototype of type 1 carcinoma is endometrioid type endometrial carcinoma (ETEC), which makes up 70-80\% of all endometrial carcinomas. Type 2 carcinomas are not associated with estrogenic stimulation and the most common form is serous carcinoma.\textsuperscript{11} The classification of endometrial neoplasms was updated in 2014. According to the 2014 classification of World Health Organization (WHO), the precursor lesions of endometrial carcinomas were defined as endometrial hyperplasia (EH) and atypical hyperplasia/endometrioid intraepithelial neoplasia (AEH/ EIN). The risk of endometrial carcinoma is increased by 3-4 times in hyperplasia without atypia, whereas, tumor is detected soon after hysterectomies performed in patients diagnosed with AEH/ EIN or during several years of follow-up.\textsuperscript{11-13}

The aim of this study was to investigate the expression of Cav-1 in different endometrial lesions using immunohistochemical methods and to evaluate a possible relationship between levels of Cav-1 expression, and histopathological types of the lesions.

**MATERIAL AND METHODS**

**STUDY DESIGN**

This cross-sectional study was carried out at the pathology departments of a tertiary care center. A total of 65 patients with normal endometrium (11 proliferative and 10 secretory epithelium, 32.3\%), EIN (n=22; 33.8\%) and EC (n=22; 33.8\%) were included in this study. Sections prepared from biopsy materials or hysterectomy specimens of the patients were immunohistochemically processed, stained, examined for the presence of Caveolin 1. Approval from the local institutional review board was obtained prior to the study (21/4-29.12.2015). The study was performed in accordance with the principles of WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects. The intensity, proportion, and location of immunohistochemical staining of Cav-1 and its association with patients’ age and types of lesions were investigated.

**IMMUNOHISTOCHEMICAL EVALUATION OF CAVEOLIN-1**

Expression levels of Cav-1 were determined by immunostaining 5-μm sections from formalin-fixed, paraffin-embedded endometrial tissue samples, and the staining intensities of only demonstrative tissue samples or tumor sections previously stained with H&E dye were evaluated. Immunohistochemistry was performed using streptavidine–biotin peroxidase method (Invitrogen, Camarillo, 85-9043, USA). Before immunostaining, tissue sections were baked overnight at 60°C, dewaxed in xylene and exposed to graded alcohol for gradual hydration. The sections were treated using heat-induced epitope retrieval method in microwave (in 10 mM/L citrate buffer, pH 6.0, for 20 minutes, followed by cooling at room temperature for 20 minutes). Blocking of endogenous peroxidase and biotin was performed. Samples were incubated with primary anti-Cav-1 antibodies (Novus Biologicals, Littleton Co, NB100-615, USA) at a dilution of 1:200 for 60 minutes. Negative controls were analyzed on adjacent sections incubated using non-immune mouse serum devoid of primary antibody. Results of immunostaining performed to detect stromal Cav-1 expressions by tumor cells, endothelial cells or stromal cells were evaluated independently from their histological characteristics. Cav-1 immunoreactivity was also observed in the vascular endothelial cells, and accepted as internal positive control.
STATISTICAL ANALYSIS
Statistical analysis was carried out by using SPPS 20.0 software. Descriptive characteristics and frequencies of all parameters were evaluated prior to statistical analysis. Correlations between categorical variables were tested with chi-square test. Mann-Whitney U test was applied for intergroup comparisons. A p value of <0.05 was considered to be statistically significant.

RESULTS
Sixty-five patients aged between 27 and 67 years (mean age, 49.1±8.5 yrs) were enrolled in this study. Patients: The cases were histologically diagnosed as proliferative endometrium (PE) (n=11; 16.9%), secretory endometrium (SE) (n=10; 15.4%), endometrial hyperplasia without atypia (EH) ((n= 11; 16.9%), atypical endometrial hyperplasia/endometrioid intraepithelial neoplasia (AEH/EIN) ) (n=11; 16.9 %), and EC (n=22, 33.8%). The mean ages of the patients were as follows: PE (45.18±3.40), SE (42.1± 6.87), EH (46.09±4.20), EIN (4±8.83), type 1 EC (55.09±6.64), and type 2 EC (54.64±10.86). The proportion of type 1 and type 2 EC was equal (n=11, 16.9 %). Cav-1 immunoreactivity was also observed in the vascular endothelial cells (Figure 1), and accepted as internal positive control. Stromal fibroblasts were positively stained for Cav-1 in 26 cases (40%) (Figure 2). Stromal Cav-1 expression was determined in 27.3 % of EINs and 68.2% of ECs, and in 19% of normal endometrial specimens and 36.4% of EHs (Table 1). In addition statistically significantly higher levels of stromal Cav-1 expression (Figure 3) were detected in specimens with high-grade (type II) EC (n=9, 81.8%) relative to those with low grade (type I) EC (n=6, 54.5%) (p= 0.002). Statistically, it was determined that if the tumor becomes more invasive then a higher invasive potential also it gains the propensity potential to express stromal Cav-1 protein (p=0.015) (Figure 4). These findings have demonstrated that stromal Cav-1 expression may be used as a marker for aggressiveness of endometrial neoplasms.

DISCUSSION
As documented in various studies, Cav-1 protein detected in different neoplasms has a complex and controversial role in cell proliferation, tumor development, and progression.14,15 It has been also shown that Cav-1 expression decreases during development of breast, ovary, colon, and lung tumors.14 Besides, re-expression of Cav-1 alters the transformed phenotype of mammary, colon and ovarian carcinoma cells.15-17 As a tumor suppressor protein Cav-1 promotes cell death possibly by blocking signaling pathways aberrantly activated in cancer cells.17 Most authors suggested that cav-1 positive tumor cells served as tumor promoters by these signaling pathways.7,14 In the present study, we didn’t determine Cav-1 positive epithelial cells and/or tumor cells. Therefore we couldn’t determine any statistical significant relationship between the presence of Cav-1 expression in the tumor cells and the tumor behaviors.
Cav-1 also promotes anchorage-independent growth, cell proliferation, multi-drug resistance cell polarization, migration and metastatic potential of cancer cells. Therefore initial decrease in Cav-1 expression may be a reversible process, whereby increased expression of Cav-1 at later stages has been associated with elevated metastatic potential in colon, lung and prostate cancer cells and poor prognosis for prostate or colon cancer patients. Based on these data, functions of Cav-1 may change rather dramatically during tumor progression. We also determined the stromal Cav-1 expression dramatically changed according to the types of the lesions. Cav-1 expression was found in the majority of tumors when compared with specimens of normal endometrium and endometrial hyperplasia.

Tumor microenvironment plays an important role in the onset and progression of malignancy. Cancer cells secrete polypeptide signaling molecules and proteases, increase microvessel density, number of reactive fibroblasts and different inflammatory cells. Cancer-associated fibroblasts lead to changes in the extracellular matrix. This epithelial-mesenchymal transition may result in development of a more aggressive phenotype in the surrounding epithelial cells. Although the actual mechanism of this relationship is not fully clarified yet, obviously transforming growth factor β (TGF-β) assumes a major role in cell development and tumorigenesis. Some studies have shown that decreased stromal Cav-1 levels alter tumor development and angiogenesis. In most English literature, decreased expression of stromal Cav-1 has been reported to play a negative role in cancer transformation. Although the actual mechanism is unknown, many oncogenes such as SRC, RAS, BCR-ABL, transcriptionally downregulate Cav-1 expression. Similarly it was shown by the functional studies that down-regulation of stromal Cav-1 expression is likely to alter stromal influences on tumor epithelium, tumor angiogenesis, and cholesterol and androgen metabolism. Previous results indicated that Cav-1 down-regulation in the stroma, which coincides with increased expression of the some reactive marker, induces a number of gene alterations, including up-regulation of TGF-β1 and down-regulation of some genes related with a pro-angiogenesis effect. It was also shown that Cav-1 silencing stimulates proliferation and provokes oncogenic cell signaling in cancer stromal cells, coincident with increased levels of intracel-

**TABLE 1:** Cav-1 expression according to the endometrial lesions.

<table>
<thead>
<tr>
<th>Pathology</th>
<th>Stromal Cav-1 Immune staining</th>
<th>Positive (n, %)</th>
<th>Negative (n%), p*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal PE</td>
<td></td>
<td>1 (9.1%)</td>
<td>10 (90.9%)</td>
</tr>
<tr>
<td>Normal SE</td>
<td></td>
<td>3 (30%)</td>
<td>7 (70%)</td>
</tr>
<tr>
<td>EH</td>
<td></td>
<td>4 (36.4%)</td>
<td>7 (63.6%)</td>
</tr>
<tr>
<td>AEH/EIN</td>
<td></td>
<td>3 (27.3%)</td>
<td>8 (72.7%)</td>
</tr>
<tr>
<td>EC</td>
<td></td>
<td>15 (68.2%)</td>
<td>7 (31.8%)</td>
</tr>
<tr>
<td>p*</td>
<td></td>
<td>0.002</td>
<td></td>
</tr>
</tbody>
</table>

*Chi-Square test.


FIGURE 3: Diffuse stromal (arrow) Cav-1 expression in a Type 2 EC (DABx 200).

FIGURE 4: The stromal Cav-1 expression is higher in the EIN and EC than normal endometrium and EH (Chi-Square test, p=0.015).
ular cholesterol and activation of steroidogenic enzymes. These stromal alterations result in increased tumor cell migration. Recent studies have drawn more attention to caveolin-1 expression in peritumoral stromal cells relative to its expression in tumor cells. Indeed Goetz et al. suggested that there may be an important role for stromal Cav-1 in promoting tumor progression and metastasis. But in the most other studies, loss of stromal Cav-1 expression in association with the increased tumoral Cav-1 expression, has been reported to be closely related with poor outcome in different malignancies. Our similar observation of decreased levels of Cav-1 expression in peritumoral stroma, consistent with recent reports, was associated with the higher stage of endometrial neoplasms. This finding may indicate that the Cav-1 expressions is a feature of invasive tumors.

In this study, we found Cav-1 positivity only in perivascular tissue in most cases with normal endometrium and endometrial hyperplasia. Contrarily, most of the tumors had stromal Cav-1 positivity. The relationship between tumor prognosis and stromal Cav-1 expression could not be evaluated due to the lack of patient follow-up. The most important limitation of this study was the scarce number of cases. The absence of patient follow-up is another limitation of our study.

There are very few studies related to Cav-1 expression in normal endometrium and endometrial carcinoma. On the contrary to our study, Diaz Valdivia et al. detected Cav-1 in stromal cells of the normal proliferative endometrium, while mainly in epithelial cells in cases with endometrial hyperplasia and endometrial carcinomas. Since the authors did not detect a significant change in protein levels in cases with Stages 1, 2, and 3, they stated that increased Cav-1 levels could not be accepted as a marker for tumor progression. In our study, there was no patient follow-up, either. However, we found increased stromal Cav-1 expression in type 2 carcinoma, which has a poor prognosis. Therefore, we assumed that Cav-1 may be a prognostic marker.

Type 1 and type 2 endometrial carcinomas are differentiated from each other by the genetic changes they manifest rather than their morphological and clinical features. Endometrioid and non-endometrioid endometrial carcinomas are associated with mutations in independent gene clusters. PTEN, K-ras and β-catenin mutations have been detected in endometrioid type endometrial carcinomas, while anaploidy and P53 mutations have been observed in non-endometrioid carcinomas. In our study, we found stromal caveolin-1 expressions at different rates in type 1 and type 2 endometrial carcinomas. This may be due to differences in genetic and pathogenetic characteristics of the tumors.

CONCLUSION

In conclusion, even in a limited number of cases, stromal Cav-1 expression has been found to be associated with aggressive-malignant tumors, and we suggest that these results should be supported by studies performed in larger series.

Source of Finance

During this study, no financial or spiritual support was received neither from any pharmaceutical company that has a direct connection with the research subject, nor from a company that provides or produces medical instruments and materials which may negatively affect the evaluation process of this study.

Conflict of Interest

No conflicts of interest between the authors and / or family members of the scientific and medical committee members or members of the potential conflicts of interest, counseling, expertise, working conditions, share holding and similar situations in any firm.

Authorship Contributions

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